



---

# St. Andrew's News

## Dear Members and Friends of St. Andrew's: A note from Lucie

Since many of you have expressed concerns about the swine flu pandemic I asked permission to reprint Bishop Smith's recent E-pistle on the subject. The Diocesan Emergency Preparedness Committee's recommendations follow the Bishop's comments. We have started to implement them here at St. A's.

## Diocese responds to swine flu issue by Bishop Kirk S. Smith

We are all concerned about the possible effects of the Swine Flu outbreak, no one more so than the members of the Diocesan Emergency Preparedness Committee.

They compiled this latest update on Tuesday, April 28. Two members of the group are former employees of the Centers for Disease Control and Prevention and are micro-biologists, so they know what they are talking about. I would especially call your attention to the last paragraph - recommendations for parishes.

This is another instance of how we as leaders need to be "non-anxious presences," being cautious, but not panicked or fearful. It is helpful to keep matters in perspective. As of today one person has died in this country, compared to the more than 30,000 that die each year in auto accidents. More than 400,000 have died already from malaria in Africa, not to mention the continuing huge losses to AIDs.

## Update from the Diocesan Emergency Preparedness Committee

As you may already know, human cases of swine influenza A (H1N1) virus infection have been identified in several states and in other countries, primarily Mexico. So far in the U.S., about 50 cases have been identified, but no deaths have been reported. In Mexico, more than 1,000 people have become ill, and more than 150 people have died. According to the Centers for Disease Control & Prevention (CDC), this influenza virus had previously been transmitted among swine, with no human-to-human transmission. However, the virus has mutated, and human-to-human transmission of the virus is now occurring and appears to be spreading, representing the threat of a pandemic. With this in mind, it becomes prudent for churches and communities to take precautionary measures to protect people and take advantage of a narrow window of opportunity for intervention, hence the following recommendations:

---

St. Andrew's  
Episcopal Church,  
Nogales  
May/June 2009  
Vol. 5, #3

---

- May 3 Tapestry Chambers Group
- May 7 **NO** Children's Clinic
- May 10 Vicki's Recital in Green Valley
- May 16 Vestry Retreat
- May 17 United Thank Offering
- May 17 Vestry Meeting
- May 18 ECW meeting
- May 20 Preschool Board
- May 20 Preschool Graduation
- May 25 Memorial Day—Office Closed
- June 1 Office Closed
- June 4 Children's Clinic
- June 8—11 Vacation Bible School
- June 17 Preschool Board
- June 21 Vestry Meeting
-

## General Recommendations

(1) **If you're sick or have symptoms that resemble the flu, stay home!** Anyone who develops fever with either cough or sore throat should be strongly encouraged to stay at home for seven days after the onset of illness or at least 24 hours after symptoms subside, whichever is longer. Persons who experience these symptoms and wish to seek medical care should contact their health care providers to report illness *before* seeking care at a clinic, physician's office, or hospital. However, anyone who has difficult breathing or shortness of breath or who is believed to be seriously ill should seek immediate medical attention.

(2) **When possible, avoid contact with crowds** not only to protect yourself from becoming ill, but also to protect others if you're unknowingly incubating the virus. This is especially important if your immune system is compromised.

(3) **Cover your mouth and nose with a tissue if you're coughing or sneezing.**

(4) **Wash your hands often!** Use either soap or one of the readily available hand sanitizers to help protect you from viruses and other microbes. Hand washing is the single most effective way of preventing the spread of not only the flu virus, but also other infectious agents.

(5) **Avoid touching your eyes, nose, or mouth.** Microbes are readily spread when one touches something that's contaminated and then touches one's eyes, nose, or mouth.

(6) **Practice good health habits.** Get plenty of sleep, get exercise, manage your stress, drink plenty of fluids, and eat nutritious food. In other words, good health habits can build up your resistance to germs.

## Recommendations/considerations for churches

Have hand sanitizers readily available (credence table, narthex, parish halls, etc.).

Consider receiving communion in one kind only (that is, receiving only the host), rather than drinking directly from the chalice.

Post signs in restrooms and other public areas reminding people to practice good hygiene.

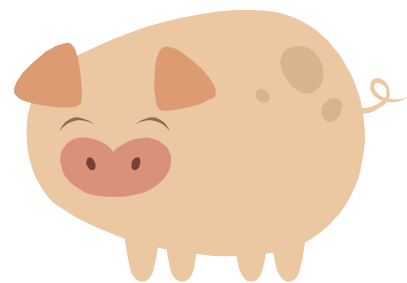
Have qualified people available for question-and-answer sessions.

For the time being, refrain from shaking hands during the Peace because microbes are most easily passed from person to person by touching.

\*Adapted from CDC guidelines using latest information available.

-Reprinted with permission from Greta Huls, Canon for Communications of the Diocese of Arizona

**Another note from Lucie:** Let us not falsely accuse pigs of spreading the influenza A (H1N1) virus. The virus is spread from person to person. If you love pork chops, sausage, bacon, hot dogs and chicharrones please remember you will not catch the influenza from eating them. However, what eating them will do to your arteries is entirely another matter.



## QUILT RAFFLE to be held, May 17th



**This beautiful southwestern style quilt, made by Jean Windmiller,  
can be used as a throw or wall hanging.**

**The background color is medium blue with gold, silver, rust and darker blue pieces.**

**Its dimensions are 55.5" width by 49.5" length**

Tickets may be purchased for \$2.00 each, 3 tickets for \$5.00, or 7 tickets for \$10.00. You can purchase them on Sunday, or call the church office at 520-281-1523 or send a check to St. Andrew's Episcopal Church, 969 W Country Club Drive, Nogales, Arizona 85621 with quilt raffle on the memo line.

## Rio Rico Fiesta Festival Booth

Thanks to all the members of St. Andrew's who enabled us to have a presence at the Rio Rico Fiesta Festival on the busy weekend of April 25 and 26. They braved strong winds and dust to sell quilt raffle tickets and talk about St. Andrew's to those interested. Jean Windmiller, Paul Jehle, Oscar Orozco and Lucie Thomas set up the booth, Art Whipple, David Moehlman, and Oscar Orozco took it down. Those who staffed it over two days included Jean Windmiller, Shirley Gresham, Sharon Whipple, Michael Anderson, Joy Anderson, Toni Orozco, Oscarito Orozco, Gabriela Verdugo, Ashley Verdugo, Karin Rodes and Lucie Thomas.

# The Church Mouse



Beginning in May, the Church Mouse will be open only the 2<sup>nd</sup> Sunday of each month through September. This will give our staff some time off. However, if you would like to purchase something on another Sunday, see one of the Church Mouse sales people for help: Richard DeLong, Sara Cobb, Kate Hutson, Vicki Fitzsimmons, Jean Moehlman, Toni Orozco, and Karin Rodes.

For summer reading, we suggest **Just Coffee** which tells the story of the coffee cooperative originating in Chiapas, Mexico. This is the coffee we serve at coffee hour. The cooperative has made a big difference in the lives of the cooperative families. You will learn just how this happened along with the ins and outs of coffee production.

Know a teen who has written off Christianity as boring or irrelevant? Check out two book selections: **Marked** and **Blinded** by Steve Ross.

Concerned about the environment? Spend a short time reading **How Many Light Bulbs Does It Take to Change a Christian? A Pocket Guide to Shrinking Your Ecological Footprint** by Nunley, Foster, & Shreeve.

**Before I Go: Letters to Our Children about What Really Matters** by Peter Kreeft is a must-read for all ages. Topics: making choices wisely, prioritizing, handling worry, time management, prayer life, sacrifices, marriage and family, love, death.

We have a new shipment of crosses—pendants and wall crosses. And, we continue to have **Just Coffee**: Arabica (regular), Robusta (more caffeine), and Decaffeinated—all in regular grind or beans.

Thank you for shopping at the Church Mouse. Last month, we donated \$300 to the Church general fund for our earnings.

-Vicki Fitzsimmons

## THE LIBRARY PAGE

The Church library has purchased a new book by The Reverend Anne C. Brower, MD, titled ***I Am Not Ready to Die Just Yet: Stories of Healing***. Dr. Brower was an award winning practicing physician for forty-one years. She then was ordained an Episcopal priest and now has a healing ministry at the National Cathedral. She is a cancer survivor who has personally experienced healing. In this book she tells the heartwarming stories of others and describes how to move through disease and beyond it to live a whole and vibrant life.

Our thanks go to Pixie Geren for the donation of several books including the classic, ***Christian Theology: An Introduction*** and books by the noted authors Leo Buscaglia, Morton Kelsey, and John Sanford.

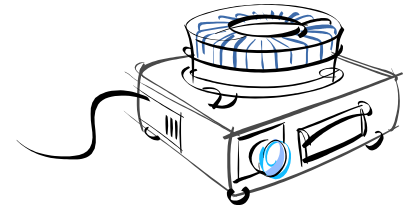
There are two new videos in the library. The National Council of Churches has put out a brief and informative one titled, ***God's Creation & Global Warming***. And for you fans of British humor we have been given two videos of the hilarious ***Vicar of Dibley*** series.

Finally, we have a small gem of a paperback book for widows coping with the death of their husbands called, ***Widow's Walk*** by Jane Woods Shoemaker.



- Polly

# Episcopal Church Women



## MAY

The ECW will meet on Monday, May 18, at 11:30 a.m. at the home of Rev. Lucie in Rio Rico. After a brief meeting and pot luck salad lunch, Lucie will tell us about her experiences in Lesotho and Botswana in southern Africa before she became ordained a priest. She also will share her slides with us. If anyone has a carousel slide projector they could lend her for the program please contact Rev. Lucie at (520) 281-1523 or e-mail her at [revlucie@questoffice.net](mailto:revlucie@questoffice.net). All women of the parish are welcome. If you can attend please e-mail or call Martha Zybko at [mzipcode@yahoo.com](mailto:mzipcode@yahoo.com), (520) 394-0183, or the church office.



## JUNE

It has been the custom of the ECW not to meet during the summer months and just get together for a Dutch treat lunch. Please watch the Sunday bulletins for the location, date and time of our June get together.

Set for Eucharist at the ECW Retreat at Santa Rita Abbey.

## Endowment Fund

Are you prepared for the future? Is your family taken care of? Your home? Your bills? What about your church? To many, St. Andrew's is part of our home and family. We need to remember them also. The St. Andrew's General Endowment Fund was set up to help support the church financially. The Endowment Fund distributes all of its income to the church, which then uses it as needed. In 2008 the Endowment Fund gave the church \$3,700. Of course, the larger the principal--the larger the income earned-- the larger the amount given to the church. Donations to the Fund are always welcome, no matter the amount. Just don't forget to also include the Endowment Fund in your Estate Planning and Wills. The Fund Trustees will be happy to answer any questions you have regarding donations or including the Endowment Fund in your Will. If you have any questions or concerns, you can contact--Alan Hyde, Nick Kildahl, Brian McKenzie, Jean Moehlman, Jack Boggess, Pat Robinson, or Reverend Lucie Thomas. Every penny counts---give to help make a difference!!!

-Submitted by Jean Moehlman, Senior Warden, Endowment Fund Recording Secretary

## Junior Warden



Preparing the church and the grounds for Holy Week was a team effort that resulted in making St. Andrews look lovely for our celebrations there. I want to express thanks to all who participated in the clean-up, especially Oscar and Toni Orozco, and their friend Isabel. Thanks, also, go to Art Whipple, Nick Kildahl, and the others who braved the rain and cold wind on Saturday before Easter.

Thanks,

-Michael Anderson, Junior Warden

## UNITED THANK OFFERING SUNDAY - MAY 17, 2009

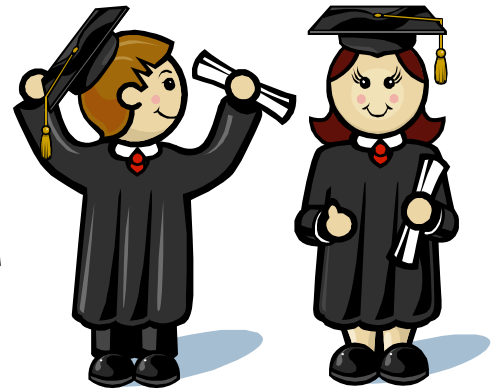
The spring UTO ingathering will be on Sunday, May 17th. Blue Boxes are on the chest in the front hall and if you prefer, checks can be made out to St. Andrew's ECW and marked UTO. They may be put in the plate or mailed to the church. As our former UTO Representative, Margaret Anderson, once said, "Grateful hearts are the reason the United Thank Offering is able to award grants which are gifts of love, and which change lives. The United Thank Offering is not a fund drive, but rather a discipline in our daily life in Christ wherein we offer prayers of thanksgiving for our countless blessings; this makes giving a joyful experience."

-Polly Hyde, UTO Representative

# Preschool News

The school year is coming to an end and all the children and teachers have been very busy. On Saturday April 25, 2009 the preschool held the carne asada fund raiser. The turnout was pretty good. We had all the children participate in the talent show, their parents and family members attended to see the children perform. The children showed their dancing and vocal talents for everyone to enjoy. We had parents and board members help during the event.

Our next big upcoming event is the Spring Program and Graduation which will be held on Wednesday May 20, 2009 @ 6:30 PM. All the children will participate. There will be singing, dancing, and poem reciting. Twelve children from the Red Group will be graduating from the preschool. Everyone is welcome to attend. This event will bring the school year to an end, but the preschool will continue with the summer program through the end of June.



-Cynthia Bustamante



## Counters

Assistance needed one Sunday a month after the service. Each Sunday the collection from the service must be counted, recorded and a bank deposit slip prepared. Two people work together. Skills needed: ability to count and total cash using a calculator, write with a pen and follow instructions. Please contact Deborah Tollefson if you are interested in learning more or would like to volunteer. 520-604-0901 or [debt@theriver.com](mailto:debt@theriver.com).

## Vacation Bible School

Vacation Bible School will take place, Monday -Thursday, June 8 through 11, daily from 9 to noon. It is open to children of our community ages 4 through 12 and their friends whom they wish to invite, as well as to the children in the Preschool. Rev. Lucie Thomas and Glenda Newman will lead the program with the assistance of St. Andrew's Preschool and Sunday School teachers. A registration fee of \$12 covers the cost of craft materials. Registration materials will be sent to all families with children attending

our church. If you know of other families with children you think may be interested in participating in Vacation Bible School, please call the church office (281-1523 or e-mail (standrewsaz@qwestoffice.net) and give us their names and addresses so that we can send them the registration materials.



## St. Andrew's Young People To Attend Summer Camp

Ashley, Geynee, Alex and Lee, members of our Sunday School, will attend Chapel Rock Camp this summer. This will be the first time for the girls. Alex and Lee attended last summer, loved it, and have encouraged the others to go.

For more information go the website [www.chapelrock.net](http://www.chapelrock.net) or speak to our Sunday School Teachers. Young adults can also apply to be counselors. For more information go to the website or speak with our own Alyssa Brown, who worked there last summer, at 842-1962.

## Sprucing up for Easter

List of who helped on Altar Guild Clean up day

Maureen Friedmann and her friend Judy, Skip Vellom, Michael Anderson, Mayra Palazueles, Jean Windmiller, Gabriela Verdugo, Ashley Verdugo, Oscarito Orozco, Oscar Orozco, Bernie Privette, Andi Privette, Mary Messick, Kate Hutson, Martha Zybko, Pat Maitrejean, Polly Hyde, Lucie Thomas, Jim Cumming



## Barbara Laupmanis to be St. Andrew's New Sunshine Lady

Gladys Jones has retired as St. Andrew's Sunshine lady after serving for many years. She now resides in the Holy Cross Geriatrics Center, East Wing. She is doing well and appreciates visitors.

Barbara Laupmanis, one of the newer members of our parish, has accepted the ministry of serving as our new Sunshine Lady. We can all continue to look forward to birthday good wishes and other notes. Thank you, Barbara.

And thank you, Gladys, for all the joy you have brought into our lives at St. Andrew's.

## And speaking of transitions...

You may well have noticed a great improvement recently in our bulletin board displays in the Parish Hall. This it thanks to Joy Anderson, who has offered her creativity in taking on this ministry. Please give her your comments and suggestions. Thank you, Joy.

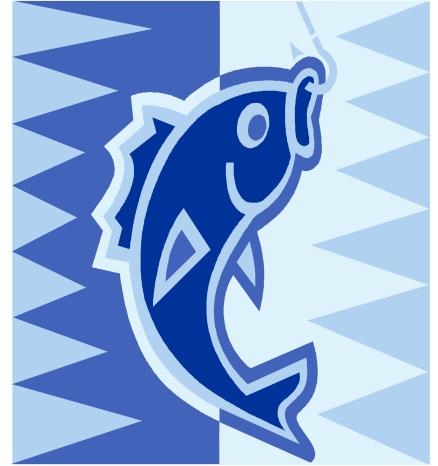
# Feed the Fish, Feed the Flock

St. Andrew's has a reputation for hospitality and over the years ECW (Episcopal Church Women) have faithfully organized and hosted the coffee hour which follows the 10 a.m. service every Sunday morning. You may or may not notice the little pottery opened mouth fish on the banquet table each Sunday. This is basically a collection plate to help defer the cost of coffee, paper products, and other permanent supplies that supplement the goodies brought by generous parishioners.

Please feed the fish. Currently, donations are not meeting costs....we need your support.

Thank you!

Barbara W. Gray



**NOTICE:** The Tuesday 50+ exercise group has been cancelled until further notice.  
We thank Marsha Barkyoubm for her many months of leading us.

## Prayer List

To put names on the Parish Prayer List, or take them off, PLEASE contact Deacon Anne ... 287-0137, 604 6310 (cell) or [anne.vellom@mchsi.com](mailto:anne.vellom@mchsi.com)

## Office Update

If you have announcements for the bulletin, please send them to [standrewsaz@qwestoffice.net](mailto:standrewsaz@qwestoffice.net) by Tuesday for the upcoming Sunday. We try to look 3 weeks ahead so that everyone gets plenty of warning prior to events. Also—if you can provide the Spanish translation we would greatly appreciate it.

---

## Church Office hours and Emergency Contact Numbers

**Office email:** The office is: [standrewsaz@qwestoffice.net](mailto:standrewsaz@qwestoffice.net), Rev. Lucie is [revlucie@qwestoffice.net](mailto:revlucie@qwestoffice.net), Deacon Skip is [dcnskip@qwestoffice.net](mailto:dcnskip@qwestoffice.net).

**Office hours for Joan Jernigan are Monday through Thursday, 8:00 a.m. to noon.** Rev. Lucie is available by appointment at these and other times also on Tuesdays through Thursdays, and some Saturdays and Sundays. The office phone is 281-1523 and Fax is 281-1592.

**Please note these emergency telephone numbers:** Rev. Lucie: 281-8725 (home) and 604-6886 (cell); Jean Moehlman, Sr. Warden: 841-2600 (cell); Michael Anderson, Jr. Warden: 398-9150 (home). Deacons Skip & Anne Vellom: 287-0137 (home), (cells) 604-6310 Anne, 604-1934 Skip.

**Snow Bird Reminder:** Please let the office know when you change your address so that we can send the newsletter to the correct address.



Page intentionally left blank. Monthly calendars are posted separately on Web Site.

Page intentionally left blank. Monthly calendars are posted separately on Web Site.

## May Birthdays

1	Edith Lowell	6	Mary Helen Maley	13	Polly Hyde	22	Mary Peace Douglas
1	Oscar Orozco	8	Susan Haddock	18	Ed Marquis	25	Thelma Montgomery
2	Karl Friedmann	11	Nancy Jehle	20	Barbara Blake	25	Jack Boggess
4	Marcia Clark	12	Hope Ann Umfleet	21	Cathryn Kildahl	25	Houston Cobb

## May Lay Readers (LR), Chalice Bearers (CB), Healing Team (HT), & Counters (C)

<i>Date</i>	<i>8:00 service</i>	<i>10:00 service</i>	<i>10:00 service</i>
May 3	Todd Brown (LR); Lou Clapper (HT)	Oscar Orozco (LR); Sigrid Maitrejean (CB)	Glenda Newman (HT); Ken Briggs & Toni Orozco (C)
May 10	Lou Clapper (LR); Karin Rodes (HT)	Jean Windmiller (CB)	Barbara Laupmanis (HT); Jean Windmiller & Ed Laupmanis (C)
May 17	Roxie Brown (LR); Anne Vellom (HT)	Brian MacKenzie (LR); Jim Fitzsimmons (CB)	Barbara Gray (HT); Joy Anderson (C)
May 24	Karin Rodes (LR); Lou Clapper (HT)	Lorna Larsen (LR); Barbara Gray (CB)	Daniel Larsen (HT); Kate Hutson & Shirley Gresham (C)
May 31	Richard DeLong (LR); Karin Rodes (HT)	Luann Ahumada (LR); Victoria Ahumada (CB)	Barbara Maitrejean (HT); Daniel Larsen (C)

## May Coffee Hour, Flowers, & Greeters/Ushers

<i>Date</i>	<i>Coffee Hour Hosts</i>	<i>Altar Flowers</i>	<i>Ushers/Greeters</i>
May 3	Buck & Marcia Clark	Edith Lowell	Gabriela Verdugo & Toni Orozco
May 10	Men of the Parish—Mother's Day	Peggy Cumming in memory of Florence Titcomb, Mary Titcomb, & Laura Edwards	Ken & Pam Parkinson
May 17	Oscar & Toni Orozco & Gabriella Verdugo	Suzie & Ed Marquis	Chuck & Lynn Nelson
May 24		Kate Hutson	Henry & Shirley Gresham
May 31	Henry & Shirley Gresham		Sara Cobb & Martha Zybko

**Remember to mark these dates on your personal calendar!**

## Casa Blanca Chapel

May 9	Jack & Helga Boggess
May 23	Mary Peace Douglas

Note: The Casa Blanca Chapel meets in the Community Room in the Santa Cruz County Building in Sonoita at 10:00 a.m.

## June Birthdays

5	Leah Oliver	12	Carrie Pottinger	22	Lawrence Jones
7	Karen Sykes	15	Margaret Bond	26	Maureen Friedmann
11	George Gillespie	20	Mary Messick		

## June Lay Readers (LR), Chalice Bearers (CB), Healing Team (HT), & Counters (C)

<i>Date</i>	<i>8:00 service</i>	<i>10:00 service</i>	<i>10:00 service</i>
June 7	Todd Brown (LR); Anne Vellom (HT)	Alan Hyde (LR); Nick Kildahl (CB)	Cathryn Kildahl (HT); Ken Briggs & Toni Orozco (C)
June 14	Lou Clapper (LR); Lou Clapper (HT)	Anne Jehle (LR); Jim Fitzsimmons (CB)	Glenda Newman (HT); Matrha Zybko & Jean Windmiller (C)
June 21	Roxie Brown (LR); Karin Rodes (HT)	Daniel Larsen ILR); Sigrid Maitrejean (CB)	Daniel Larsen (HT); Deborah Tollefson & Joy Anderson (C)
June 28	Karin Rodes (LR); Anne Vellom (HT)	Victoria Ahumada (LR); David Moehlman (CB)	Barbara Gray (HT); Kate Hutson & Shirley Gresham (C)

## June Coffee Hour, Flowers, & Greeters/Ushers

<i>Date</i>	<i>Coffee Hour Hosts</i>	<i>Altar Flowers</i>	<i>Ushers/Greeters</i>
June 7	Kate Hutson & Jean Windmiller	Dick & Mary Messick	Kate Hutson & Ken Briggs
June 14	Edith Lowell & Peggy Cumming		Jean Windmiller & Anne Jehle
June 21	Barbara Gray & Vicki Fitzsimmons	Oscar Manuel Orozco (Memory Day)	Buck & Marcia Clark
June 28	Sara Cobb & Martha Zybko	The Maitrejean family in memory of our parents	Chuck & Lynn Nelson

**Remember to mark these dates on your personal calendar!**

## Casa Blanca Chapel

June 13	Dorothy Sturges
June 27	Karol Koon

Note: The Casa Blanca Chapel meets in the Community Room in the Santa Cruz County Building in Sonoita at 10:00 a.m.

## PAGINA EN ESPAÑOL

7 de mayo - LA CLINICA DE NIÑOS ESTA CANCELADA debido a la influenza (o gripe) porcina.

13 de mayo - LA GRADUACION DE LOS NIÑOS de la Pre-escolar a las 6:30 pm

17 de mayo - REUNION DEL VESTRY (la junta directiva) a las 11:45 AM

20 de mayo - REUNION DE LA JUNTA DIRECTIVA de la Pre-escolar

25 de mayo - LA OFICINA ESTARA CERRADA por del Día memorial

4 de junio - CLINICA PARA NIÑOS todo el día

8 de junio - 11 de junio— ESCUELA BIBLICA DEL VERANO

17 de junio - REUNION DE LA JUNTA DIRECTIVA de la Pre-escolar

21 de junio - REUNION DEL VESTRY (la junta directiva) a las 11:45 AM

Return Service Requested

969 W. Country Club Dr.  
Nogales, AZ 85621



Non-Profit Organization  
U.S. Postage Paid  
Nogales, AZ  
Permit # 386

St. Andrew's Episcopal Church, Nogales  
May/June 2009  
Vol. 5, #3

The Rev. Margaret Lucie Thomas,  
St. Andrew's Episcopal Church  
969 W. Country Club Dr.  
Nogales, AZ 85621

Phone: 520-281-1523  
Fax: 520-281-1592  
Email: [standrewsaz@qwestoffice.net](mailto:standrewsaz@qwestoffice.net)  
Web site: [www.standrewsaz.org](http://www.standrewsaz.org)

Newsletter editor: M. Lucie Thomas  
Newsletter deadline: June 22, 2009  
please e-mail to:  
[standrewsaz@qwestoffice.net](mailto:standrewsaz@qwestoffice.net) or leave  
your news in the Church office.

*St. Andrew's News* is a bi-monthly  
publication.

### St. Andrew's Mission Statement (approved 2001)

Serving God and all our neighbors, St. Andrew's seeks to be both an individual- and family-oriented, loving faith community, bridging and sharing spiritual and cultural values in Santa Cruz County.

St. Andrew's Church, in fulfilling its mission, acts as a center for all parishioners and others through spiritual and social ministries in our community.

Due to the current swine flu situation in Mexico, and upon recommendation by the U.S. Homeland Security at the Nogales border crossing station, the Children's Clinic scheduled for May 7th is cancelled.